

World Underwater Federation - Detailed Competition Activity Schedule (DCAS) - TWGS CHENGDU 2025

Activity types

	Arrival at venue, Departure from venue
	Technical Meeting, Weigh-in
	Venue inspection, Venue setup
	Rehearsal
	Training, Warm-up
	Roll call
	Sport Presentation, March-In, Introduction
	Draw, Preliminary, Competition, Qualification, Repechage, Top 32, Top 16, Quarterfinal, Semifinal, Placement, Consolation, Bronze M
	Final
	Award Ceremony
	Exhibition, Opening Ceremony, Closing Ceremony

Date	Type	Start time	End time	Activity
Aug 8, Fri		8:15:00	8:30:00	Arrival at venue for technical officials and athletes
		8:30:00	9:00:00	Pool inspection and setup
		9:00:00	12:00:00	Training for all athletes
		9:00:00	12:00:00	Safety Diver Training
		9:00:00	10:00:00	Training for Freediving
		10:30:00	11:00:00	Rehearsal with ISB
		11:00:00	12:30:00	Rehearsal volunteers, award ceremony & sport presentation
		12:30:00	12:45:00	Depart from venue to hotel
Aug 9, Sat		7:40:00	7:50:00	Arrival at venue for technical officials and freediving athletes
		7:50:00	8:00:00	Pool inspection and setup
		8:00:00	10:00:00	Training all Freediving athletes
		8:00:00	9:00:00	Safety Diver Training
		9:00:00	10:00:00	Technical meeting Volunteer for both Finswimming and freediving
		9:45:00	10:00:00	Arrival at venue for Finswimming athletes
		10:00:00	10:30:00	Pool transition to Finswimming
		10:00:00	11:00:00	Technical meeting Freediving Team Leaders
		10:30:00	12:30:00	Training for all Finswimming athletes

	11:15:00	12:30:00	Technical meeting Judges and competition managers for finswimming and freediving
	12:30:00	13:00:00	Technical meeting Finswimming Team Leaders
	13:00:00	13:15:00	Depart from venue to hotel for athletes
	13:15:00	13:30:00	Depart from venue to hotel for technical officials
	8:20:00	8:40:00	Arrival at Venue for Freediving technical officials and athletes
	8:40:00	9:40:00	Pool inspection and setup
	9:00:00	11:10:00	Warm-up for Men and Women
	9:40:00	9:51:00	Underwater Sport Freediving Competition Opening Ceremony
	9:51:00	9:54:00	In-Venue Commentator Introduce Event Freediving
		9:55:00	Roll call for Freediving Dynamic no Fins Women Heat 1 (Athletes 1,2)
	9:54:00	9:56:00	In-Venue Commentator Introduce Judges introduction
	9:56:00	9:57:00	Freediving Dynamic no Fins Women Heat 1 Athletes introduction and called to start
	9:57:00	10:00:00	Freediving Dynamic no Fins Women Heat 1 Athletes 1+2 Preparation
	10:00:00	10:04:00	Freediving Dynamic no Fins Women Heat 1 (Athlete 1+2)
	10:04:00	10:04:30	Athletes 1+2 waiting for judges to confirm the dive (Surface Protocol)
	10:04:30	10:05:00	Athletes 1+2 Exit the pool
	10:04:30	10:05:00	Athlete Screen Introduction
		10:04:00	Roll call for Freediving Dynamic no Fins Women Heat 2 (Athletes 3,4,5,6)
	10:05:00	10:06:00	Freediving Dynamic no Fins Women Heat 2 Athletes 3+4 introduction and called to start
	10:06:00	10:09:00	Freediving Dynamic no Fins Women Heat 2 Athletes 3+4 Preparation
	10:09:00	10:13:00	Freediving Dynamic no Fins Women Final Heat 2 (Athlete 3+4)
	10:10:00	10:11:00	Freediving Dynamic no Fins Women Heat 2 Athletes 5+6 introduction and called to start
	10:11:00	10:14:00	Freediving Dynamic no Fins Women Heat 2 Athletes 5+6 Preparation
	10:13:00	10:13:30	Athletes 3+4 waiting for judges to confirm the dive
	10:13:30	10:14:00	Athletes 3+4 Exit the pool
	10:13:30	10:14:00	Athlete Screen Introduction
	10:14:00	10:18:00	Freediving Dynamic no Fins Women Final Heat 2 (Athlete 5+6)
	10:18:00	10:18:30	Athletes 5+6 waiting for judges to confirm the dive
	10:18:30	10:19:00	Athletes 5+6 Exit the pool
	10:18:30	10:19:00	Athlete Screen Introduction
	10:19:00	10:22:00	Sport Presentation/Break
		10:18:00	Roll call for Freediving Dynamic no Fins Women Heat 3 (Athletes 7,8,9,10)
	10:19:00	10:20:00	Freediving Dynamic no Fins Women Heat 3 Athletes 7+8 introduction and called to start

	10:20:00	10:23:00	Freediving Dynamic no Fins Women Heat 3 Athletes 7+8 Preparation
	10:23:00	10:27:00	Freediving Dynamic no Fins Women Heat 3 (Athlete 7+8)
	10:24:00	10:25:00	Freediving Dynamic no Fins Women Heat 3 Athletes 9+10 introduction and called to start
	10:25:00	10:28:00	Freediving Dynamic no Fins Women Heat 3 Athletes 9+10 Preparation
	10:27:00	10:27:30	Athletes 7+8 waiting for judges to confirm the dive
	10:27:30	10:28:00	Athletes 7+8 Exit the pool
	10:27:30	10:28:00	Athlete Screen Introduction
	10:28:00	10:32:00	Freediving Dynamic no Fins Women Heat 3 (Athlete 9+10)
	10:32:00	10:32:30	Athletes 9+10 waiting for judges to confirm the dive
	10:32:30	10:33:00	Athletes 9+10 Exit the pool
	10:32:30	10:33:00	Athlete Screen Introduction
		10:35:00	Roll call for Freediving Dynamic no Fins Men Heat 1 (Athlete 1)
	10:36:00	10:37:00	Freediving Dynamic no Fins Men Heat 1 Athlete 1 introduction and called to start
	10:37:00	10:40:00	Freediving Dynamic no Fins Men Heat 1 Athlete 1 Preparation
	10:40:00	10:44:00	Freediving Dynamic no Fins Men Heat 1 (Athlete 1)
	10:44:00	10:44:30	Athletess 1 waiting for judges to confirm the dive (Surface Protocol)
	10:44:30	10:45:00	Athletes 1 Exit the pool
	10:44:30	10:45:00	Athlete Screen Introduction
		10:44:00	Roll call for Freediving Dynamic no Fins Men Heat 2 (Athletes 2,3,4,5)
	10:45:00	10:46:00	Freediving Dynamic no Fins Men Heat 2 Athletes 2+3 introduction and called to start
	10:46:00	10:49:00	Freediving Dynamic no Fins Men Heat 2 Athletes 2+3 Preparation
	10:49:00	10:53:00	Freediving Dynamic no Fins Men Heat 2 (Athlete 2+3)
	10:51:00	10:52:00	Freediving Dynamic no Fins Men Heat 2 Athletes 4+5 introduction and called to start
	10:52:00	10:55:00	Freediving Dynamic no Fins Men Heat 2 Athletes 4+5 Preparation
	10:53:00	10:53:30	Athletes 2+3 waiting for judges to confirm the dive
	10:53:30	10:54:00	Athletes 2+3 Exit the pool
	10:53:30	10:54:00	Athlete Screen Introduction
	10:55:00	10:59:00	Freediving Dynamic no Fins Men Heat 2 (Athlete 4+5)
	10:59:00	10:59:30	Athletes 4+5 waiting for judges to confirm the dive
	10:59:30	11:00:00	Athletes 4+5 Exit the pool
	10:59:30	11:00:00	Athlete Screen Introduction
	11:00:00	11:03:00	Sport Presentation/Break
		10:59:00	Roll call for Freediving Dynamic no Fins Men Heat 3 (Athletes 6,7,8,9)

Aug 10, Sun

	11:00:00	11:01:00	Freediving Dynamic no Fins Men Heat 3 Athletes 6+7 introduction and called to start
	11:01:00	11:04:00	Freediving Dynamic no Fins Men Heat 3 Athletes 6+7 Preparation
	11:04:00	11:08:00	Freediving Dynamic no Fins Men Heat 3 (Athlete 6+7)
	11:06:00	11:07:00	Freediving Dynamic no Fins Men Heat 3 Athletes 8+9 introduction and called to start
	11:07:00	11:10:00	Freediving Dynamic no Fins Men Heat 3 Athletes 8+9 Preparation
	11:08:00	11:08:30	Athletes 6+7 waiting for judges to confirm the dive
	11:08:30	11:09:00	Athletes 6+7 Exit the pool
	11:08:30	11:09:00	Athlete Screen Introduction
	11:10:00	11:14:00	Freediving Dynamic no Fins Men Heat 3 (Athlete 8+9)
	11:14:00	11:14:30	Athletes 8+9 waiting for judges to confirm the dive
	11:14:30	11:15:00	Athletes 8+9 Exit the pool
	11:14:30	11:15:00	Athlete Screen Introduction
	11:30:00	11:37:00	AWARDING CEREMONY DNF WOMEN
	11:37:00	11:44:00	AWARDING CEREMONY DNF MEN
	11:50:00	11:53:00	In-Venue Commentator Introduce Event Para Freediving
	11:53:00	11:55:00	In-Venue Commentator Introduce Judges introduction
		11:55:00	Roll call for Freediving Dynamic no Fins Men FFS1-FFS2 Heat 1
	11:55:00	11:57:00	Freediving Dynamic no Fins Men FFS1-FFS2 Heat 1 Athletes introduction and called to start
	11:57:00	12:00:00	Freediving Dynamic no Fins Men FFS1-FFS2 Heat 1 Athletes 1 Preparation
	12:00:00	12:04:00	Freediving Dynamic no Fins Men FFS1-FFS2 Heat 1 (Athlete 1)
	12:04:00	12:04:30	Athletess 1waiting for judges to confirm the dive (Surface Protocol)
	12:04:30	12:07:30	Athletes 1 Exit the pool
	12:04:30	12:05:00	Athlete Screen Introduction
		12:05:00	Roll call for Freediving Dynamic no Fins Men FFS1-FFS2 Heat 2
	12:05:00	12:07:00	Freediving Dynamic no Fins Men FFS1-FFS2 Heat 2 Athletes 2+3 introduction and called to start
	12:07:00	12:10:00	Freediving Dynamic no Fins Men FFS1-FFS2 Heat 2 Athletes 2+3 Preparation
	12:10:00	12:14:00	Freediving Dynamic no Fins Men FFS1-FFS2 Heat 2 (Athlete 2+3)
	12:14:00	12:14:30	Athletes 2+3 waiting for judges to confirm the dive
	12:14:30	12:15:00	Athletes 2+3 Exit the pool
	12:14:30	12:15:00	Athlete Screen Introduction
		12:15:00	Roll call for Freediving Dynamic no Fins Men FFS1-FFS2Heat 3
	12:15:00	12:17:00	Freediving Dynamic no Fins Men FFS1-FFS2 Heat 3 Athletes 4+5 introduction and called to start
	12:17:00	12:20:00	Freediving Dynamic no Fins Men FFS1-FFS2 Heat 3 Athletes 4+5 Preparation

	12:20:00	12:24:00	Freediving Dynamic no Fins Men FFS1-FFS2 Heat 3 (Athlete 4+5)
	12:24:00	12:24:30	Athletes 4+5 waiting for judges to confirm the dive
	12:24:30	12:25:00	Athletes 4+5 Exit the pool
	12:24:30	12:25:00	Athlete Screen Introduction
		12:25:00	Roll call for Freediving Dynamic no Fins Men FFS1-FFS2 Heat 4
	12:25:00	12:27:00	Freediving Dynamic no Fins Men FFS1-FFS2 Heat 4 Athletes 6+7 introduction and called to start
	12:27:00	12:30:00	Freediving Dynamic no Fins Men FFS1-FFS2 Heat 4 Athletes 6+7 Preparation
	12:30:00	12:34:00	Freediving Dynamic no Fins Men FFS1-FFS2 Heat 4 (Athlete 6+7)
	12:34:00	12:34:30	Athletes 6+7 waiting for judges to confirm the dive
	12:34:30	12:35:00	Athletes 6+7 Exit the pool
	12:34:30	12:35:00	Athlete Screen Introduction
		12:35:00	Roll call for Freediving Dynamic no Fins Men FFS3-FFS4 Heat 1 (Athlete 1+2)
	12:35:00	12:37:00	Freediving Dynamic no Fins Men FFS3-FFS4 Heat 1 Athletes introduction and called to start
	12:37:00	12:40:00	Freediving Dynamic no Fins Men FFS3-FFS4 Heat 1 Athletes 1+2 Preparation
	12:40:00	12:44:00	Freediving Dynamic no Fins Men FFS3-FFS4 Heat 1 (Athlete 1+2)
	12:44:00	12:44:30	Athletess 1+2 waiting for judges to confirm the dive (Surface Protocol)
	12:44:30	12:47:30	Athletes 1+2 Exit the pool
	12:44:30	12:45:00	Athlete Screen Introduction
		12:45:00	Roll call for Freediving Dynamic no Fins Men FFS3-FFS4 Heat 2 (Athlete 3+4)
	12:45:00	12:47:00	Freediving Dynamic no Fins Men FFS3-FFS4 Heat 2 Athletes 3+4 introduction and called to start
	12:47:00	12:50:00	Freediving Dynamic no Fins Men FFS3-FFS4 Heat 2 Athletes 3+4 Preparation
	12:50:00	12:54:00	Freediving Dynamic no Fins Men FFS1-FFS2 Heat 2 (Athlete 3+4)
	12:54:00	12:54:30	Athletes 3+4 waiting for judges to confirm the dive
	12:54:30	12:55:00	Athletes 3+4 Exit the pool
	12:54:30	12:55:00	Athlete Screen Introduction
		12:55:00	Roll call for Freediving Dynamic no Fins Men FFS3-FFS4 Heat 3 (Athlete 5+6)
	12:55:00	12:57:00	Freediving Dynamic no Fins Men FFS3-FFS4 Heat 3 Athletes 5+6 introduction and called to start
	12:57:00	13:00:00	Freediving Dynamic no Fins Men FFS3-FFS4 Heat 3 Athletes 5+6 Preparation
	13:00:00	13:04:00	Freediving Dynamic no Fins Men FFS3-FFS4 Heat 3 (Athlete 5+6)
	13:04:00	13:04:30	Athletes 5+6 waiting for judges to confirm the dive
	13:04:30	13:05:00	Athletes 5+6 Exit the pool
	13:04:30	13:05:00	Athlete Screen Introduction
		13:05:00	Roll call for Freediving Dynamic with Fins Women FFS1-FFS2 Heat 1 (Athlete 1+2)

	13:05:00	13:07:00	Freediving Dynamic with Fins Women FFS1-FFS2 Heat 1 Athletes introduction and called to start
	13:07:00	13:10:00	Freediving Dynamic with Fins Women FFS1-FFS2 Heat 1 Athletes 1+2 Preparation
	13:10:00	13:14:00	Freediving Dynamic with Fins Women FFS1-FFS2 Final Heat 1 (Athlete 1+2)
	13:14:00	13:14:30	Athletes 1+2 waiting for judges to confirm the dive (Surface Protocol)
	13:14:30	13:17:30	Athletes 1+2 Exit the pool
	13:14:30	13:15:00	Athlete Screen Introduction
		13:15:00	Roll call for Freediving Dynamic no Fins Men FFS3-FFS4 Heat 2 (Athlete 3+4)
	13:15:00	13:17:00	Freediving Dynamic with Fins Women FFS1-FFS2 Heat 2 Athletes 3+4 introduction and called to start
	13:17:00	13:20:00	Freediving Dynamic with Fins Women FFS1-FFS2 Heat 2 Athletes 3+4 Preparation
	13:20:00	13:24:00	Freediving Dynamic with Fins Women FFS1-FFS2 Final Heat 2 (Athlete 3+4)
	13:24:00	13:24:30	Athletes 3+4 waiting for judges to confirm the dive
	13:24:30	13:25:00	Athletes 3+4 Exit the pool
	13:24:30	13:25:00	Athlete Screen Introduction
		13:25:00	Roll call for Freediving Dynamic with Fins Women FFS1-FFS2 Final Heat 3 (Athlete 5+6)
	13:25:00	13:27:00	Freediving Dynamic with Fins Women FFS1-FFS2 Heat 3 Athletes 5+6 introduction and called to start
	13:27:00	13:30:00	Freediving Dynamic with Fins Women FFS1-FFS2 Heat 3 Athletes 5+6 Preparation
	13:30:00	13:34:00	Freediving Dynamic with Fins Women FFS1-FFS2 Final Heat 3 (Athlete 5+6)
	13:34:00	13:34:30	Athletes 5+6 waiting for judges to confirm the dive
	13:34:30	13:35:00	Athletes 5+6 Exit the pool
	13:34:30	13:35:00	Athlete Screen Introduction
	13:40:00	13:47:00	AWARDING CEREMONY DNF FFS1-FFS2 MEN
	13:47:00	13:54:00	AWARDING CEREMONY DNF FFS3-FFS4 MEN
	13:54:00	14:01:00	AWARDING CEREMONY DYN FFS1-FFS2 WOMEN
	15:00:00	15:15:00	depart from venue to hotel
	8:20:00	8:40:00	Arrival at Venue for Freediving technical officials and athletes
	8:40:00	9:50:00	Pool inspection and setup
	9:00:00	11:05:00	Warm-up for Men and Women
	9:51:00	9:54:00	In-Venue Commentator Introduce Event Freediving
		9:55:00	Roll call for Freediving Dynamic with Fins Women Heat 1 (Athletes 1,2)
	9:54:00	9:56:00	In-Venue Commentator Introduce Judges introduction
	9:56:00	9:57:00	Freediving Dynamic with Fins Women Heat 1 Athletes 1+2 introduction and called to start
	9:57:00	10:00:00	Freediving Dynamic with Fins Women Heat 1 Athletes 1+2 Preparation
	10:00:00	10:04:00	Freediving Dynamic with Fins Women Heat 1 (Athlete 1+2)

	10:04:00	10:04:30	Athletess 1+2 waiting for judges to confirm the dive (Surface Protocol)
	10:04:30	10:05:00	Athletes 1+2 Exit the pool
	10:04:30	10:05:00	Athlete Screen Introduction
		10:04:00	Roll call for Freediving Dynamic with Fins Women Heat 2 (Athletes 3,4,5,6)
	10:05:00	10:06:00	Freediving Dynamic with Fins Women Heat 2 Athletes 3+4 introduction and called to start
	10:06:00	10:09:00	Freediving Dynamic with Fins Women Heat 2 Athletes 3+4 Preparation
	10:09:00	10:13:00	Freediving Dynamic with Fins Women Final Heat 2 (Athlete 3+4)
	10:10:00	10:11:00	Freediving Dynamic with Fins Women Heat 2 Athletes 5+6 introduction and called to start
	10:11:00	10:14:00	Freediving Dynamic with Fins Women Heat 2 Athletes 5+6 Preparation
	10:13:00	10:13:30	Athletes 3+4 waiting for judges to confirm the dive
	10:13:30	10:14:00	Athletes 3+4 Exit the pool
	10:13:30	10:14:00	Athlete Screen Introduction
	10:14:00	10:18:00	Freediving Dynamic with Fins Women Final Heat 2 (Athlete 5+6)
	10:18:00	10:18:30	Athletes 5+6 waiting for judges to confirm the dive
	10:18:30	10:19:00	Athletes 5+6 Exit the pool
	10:18:30	10:19:00	Athlete Screen Introduction
	10:19:00	10:22:00	Sport Presentation/Break
		10:18:00	Roll call for Freediving Dynamic with Fins Women Heat 3 (Athletes 7,8,9,10)
	10:19:00	10:20:00	Freediving Dynamic with Fins Women Heat 3 Athletes 7+8 introduction and called to start
	10:20:00	10:23:00	Freediving Dynamic with Fins Women Heat 3 Athletes 7+8 Preparation
	10:23:00	10:27:00	Freediving Dynamic with Fins Women Heat 3 (Athlete 7+8)
	10:24:00	10:25:00	Freediving Dynamic with Fins Women Heat 3 Athletes 9+10 introduction and called to start
	10:25:00	10:28:00	Freediving Dynamic with Fins Women Heat 3 Athletes 9+10 Preparation
	10:27:00	10:27:30	Athletes 7+8 waiting for judges to confirm the dive
	10:27:30	10:28:00	Athletes 7+8 Exit the pool
	10:27:30	10:28:00	Athlete Screen Introduction
	10:28:00	10:32:00	Freediving Dynamic with Fins Women Heat 3 (Athlete 9+10)
	10:32:00	10:32:30	Athletes 9+10 waiting for judges to confirm the dive
	10:32:30	10:33:00	Athletes 9+10 Exit the pool
	10:32:30	10:33:00	Athlete Screen Introduction
		10:35:00	Roll call for Freediving Dynamic with Fins Men Heat 1 (Athlete 1)
	10:36:00	10:37:00	Freediving Dynamic with Fins Men Heat 1 Athlete 1 introduction and called to start
	10:37:00	10:40:00	Freediving Dynamic with Fins Men Heat 1 Athletes 1 Preparation

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	10:40:00	10:44:00	Freediving Dynamic with Fins Men Heat 1 (Athlete 1)
	10:44:00	10:44:30	Athlete 1 waiting for judges to confirm the dive (Surface Protocol)
	10:44:30	10:45:00	Athlete 1 Exit the pool
	10:44:30	10:45:00	Athlete Screen Introduction
		10:44:00	Roll call for Freediving Dynamic with Fins Men Heat 2 (Athletes 2,3,4,5)
	10:45:00	10:46:00	Freediving Dynamic with Fins Men Heat 2 Athletes 2+3 introduction and called to start
	10:46:00	10:49:00	Freediving Dynamic with Fins Men Heat 2 Athletes 2+3 Preparation
	10:49:00	10:53:00	Freediving Dynamic with Fins Men Heat 2 (Athlete 2+3)
	10:51:00	10:52:00	Freediving Dynamic with Fins Men Heat 2 Athletes 4+5 introduction and called to start
	10:52:00	10:55:00	Freediving Dynamic with Fins Men Heat 2 Athletes 4+5 Preparation
	10:53:00	10:53:30	Athletes 2+3 waiting for judges to confirm the dive
	10:53:30	10:54:00	Athletes 2+3 Exit the pool
	10:53:30	10:54:00	Athlete Screen Introduction
	10:55:00	10:59:00	Freediving Dynamic with Fins Men Heat 2 (Athlete 4+5)
	10:59:00	10:59:30	Athletes 4+5 waiting for judges to confirm the dive
	10:59:30	11:00:00	Athletes 4+5 Exit the pool
	10:59:30	11:00:00	Athlete Screen Introduction
	11:00:00	11:03:00	Sport Presentation/Break
		10:59:00	Roll call for Freediving Dynamic with Fins Men Heat 3 (Athletes 6,7,8,9)
	11:00:00	11:01:00	Freediving Dynamic with Fins Men Heat 3 Athletes 6+7 introduction and called to start
	11:01:00	11:04:00	Freediving Dynamic with Fins Men Heat 3 Athletes 6+7 Preparation
	11:04:00	11:08:00	Freediving Dynamic with Fins Men Heat 3 (Athlete 6+7)
	11:06:00	11:07:00	Freediving Dynamic with Fins Men Heat 3 Athletes 8+9 introduction and called to start
	11:07:00	11:10:00	Freediving Dynamic with Fins Men Heat 3 Athletes 8+9 Preparation
	11:08:00	11:08:30	Athletes 6+7 waiting for judges to confirm the dive
	11:08:30	11:09:00	Athletes 6+7 Exit the pool
	11:08:30	11:09:00	Athlete Screen Introduction
	11:10:00	11:14:00	Freediving Dynamic with Fins Men Heat 3 (Athlete 8+9)
	11:14:00	11:14:30	Athletes 8+9 waiting for judges to confirm the dive
	11:14:30	11:15:00	Athletes 8+9 Exit the pool
	11:14:30	11:15:00	Athlete Screen Introduction
	11:30:00	11:37:00	AWARDING CEREMONY DYN WOMEN
	11:37:00	11:44:00	AWARDING CEREMONY DYN MEN

Aug 11,

	11:50:00	11:53:00 In-Venue Commentator Introduce Event Para Freediving
	11:53:00	11:55:00 In-Venue Commentator Introduce Judges introduction
		11:55:00 Roll call for Freediving Dynamic no Fins Women FFS1-FFS2 Heat 1
	11:55:00	11:57:00 Freediving Dynamic no Fins Women FFS1-FFS2 Heat 1 Athletes introduction and called to start
	11:57:00	12:00:00 Freediving Dynamic no Fins Women FFS1-FFS2 Heat 1 Athletes 1+2 Preparation
	12:00:00	12:04:00 Freediving Dynamic no Fins Women FFS1-FFS2 Heat 1 (Athlete 1+2)
	12:04:00	12:04:30 Athletes 1+2 waiting for judges to confirm the dive (Surface Protocol)
	12:04:30	12:07:30 Athletes 1+2 Exit the pool
	12:04:30	12:05:00 Athlete Screen Introduction
		12:05:00 Roll call for Freediving Dynamic no Fins Women FFS1-FFS2 Heat 2
	12:05:00	12:07:00 Freediving Dynamic no Fins Women FFS1-FFS2 Heat 2 Athletes 3+4 introduction and called to start
	12:07:00	12:10:00 Freediving Dynamic no Fins Women FFS1-FFS2 Heat 2 Athletes 3+4 Preparation
	12:10:00	12:14:00 Freediving Dynamic no Fins Women FFS1-FFS2 Heat 2 (Athlete 3+4)
	12:14:00	12:14:30 Athletes 3+4 waiting for judges to confirm the dive
	12:14:30	12:15:00 Athletes 3+4 Exit the pool
	12:14:30	12:15:00 Athlete Screen Introduction
		12:15:00 Roll call for Freediving Dynamic no Fins Women FFS1-FFS2 Heat 3
	12:15:00	12:17:00 Freediving Dynamic no Fins Women FFS1-FFS2 Heat 3 Athletes 5+6 introduction and called to start
	12:17:00	12:20:00 Freediving Dynamic no Fins Women FFS1-FFS2 Heat 3 Athletes 5+6 Preparation
	12:20:00	12:24:00 Freediving Dynamic no Fins Women FFS1-FFS2 Heat 3 (Athlete 5+6)
	12:24:00	12:24:30 Athletes 5+6 waiting for judges to confirm the dive
	12:24:30	12:25:00 Athletes 5+6 Exit the pool
	12:24:30	12:25:00 Athlete Screen Introduction
		12:25:00 Roll call for Freediving Dynamic no Fins Women FFS3-FFS4 Heat 1
	12:25:00	12:27:00 Freediving Dynamic no Fins Women FFS3-FFS4 Heat 1 Athletes introduction and called to start
	12:27:00	12:30:00 Freediving Dynamic no Fins Women FFS3-FFS4 Heat 1 Athletes 1+2 Preparation
	12:30:00	12:34:00 Freediving Dynamic no Fins Women FFS3-FFS4 Heat 1 (Athlete 1+2)
	12:34:00	12:34:30 Athletes 1+2 waiting for judges to confirm the dive (Surface Protocol)
	12:34:30	12:37:30 Athletes 1+2 Exit the pool
	12:34:30	12:35:00 Athlete Screen Introduction
		12:35:00 Roll call for Freediving Dynamic no Fins Women FFS3-FFS4 Heat 2
	12:35:00	12:37:00 Freediving Dynamic no Fins Women FFS3-FFS4 Heat 2 Athletes 3+4 introduction and called to start
	12:37:00	12:40:00 Freediving Dynamic no Fins Women FFS3-FFS4 Heat 2 Athletes 3+4 Preparation

	12:40:00	12:44:00	Freediving Dynamic no Fins Women FFS3-FFS4 Heat 2 (Athlete 3+4)
	12:44:00	12:44:30	Athletes 3+4 waiting for judges to confirm the dive
	12:44:30	12:45:00	Athletes 3+4 Exit the pool
	12:44:30	12:45:00	Athlete Screen Introduction
		12:45:00	Roll call for Freediving Dynamic with Fins Men FFS1-FFS2 Heat 1
	12:45:00	12:47:00	Freediving Dynamic with Fins Men FFS1-FFS2 Heat 1 Athletes introduction and called to start
	12:47:00	12:50:00	Freediving Dynamic with Fins Men FFS1-FFS2 Heat 1 Athletes 1Preparation
	12:50:00	12:54:00	Freediving Dynamic with Fins Men FFS1-FFS2 Heat 1 (Athlete 1)
	12:54:00	12:54:30	Athletess 1 waiting for judges to confirm the dive (Surface Protocol)
	12:54:30	12:55:00	Athletes 1 Exit the pool
	12:54:30	12:55:00	Athlete Screen Introduction
		12:55:00	Roll call for Freediving Dynamic with Fins Men FFS1-FFS2 Heat 2
	12:55:00	12:57:00	Freediving Dynamic with Fins Men FFS1-FFS2 Heat 2 Athletes 2+3 introduction and called to start
	12:57:00	13:00:00	Freediving Dynamic with Fins Men FFS1-FFS2 Heat 2 Athletes 2+3 Preparation
	13:00:00	13:04:00	Freediving Dynamic with Fins Men FFS1-FFS2 Heat 2 (Athlete 2+3)
	13:04:00	13:04:30	Athletess 2+3 waiting for judges to confirm the dive (Surface Protocol)
	13:04:30	13:07:30	Athletes 2+3 Exit the pool
	13:04:30	13:05:00	Athlete Screen Introduction
		13:05:00	Roll call for Freediving Dynamic with Fins Men FFS1-FFS2 Heat 3
	13:05:00	13:07:00	Freediving Dynamic with Fins Men FFS1-FFS2 Heat 3 Athletes 4+5 introduction and called to start
	13:07:00	13:10:00	Freediving Dynamic with Fins Men FFS1-FFS2 Heat 3 Athletes 4+5 Preparation
	13:10:00	13:14:00	Freediving Dynamic with Fins Men FFS1-FFS2 Heat 3 (Athlete 4+5)
	13:14:00	13:14:30	Athletes 4+5 waiting for judges to confirm the dive
	13:14:30	13:15:00	Athletes 4+5 Exit the pool
	13:14:30	13:15:00	Athlete Screen Introduction
		13:15:00	Roll call for Freediving Dynamic with Fins Men FFS1-FFS2 Heat 4
	13:15:00	13:17:00	Freediving Dynamic with Fins Men FFS1-FFS2 Heat 4 Athletes 6+7 introduction and called to start
	13:17:00	13:20:00	Freediving Dynamic with Fins Men FFS1-FFS2 Heat 4 Athletes 6+7 Preparation
	13:20:00	13:24:00	Freediving Dynamic with Fins Men FFS1-FFS2 Heat 4 (Athlete 6+7)
	13:24:00	13:24:30	Athletes 6+7 waiting for judges to confirm the dive
	13:24:30	13:25:00	Athletes 6+7 Exit the pool
	13:24:30	13:25:00	Athlete Screen Introduction
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Green	13:25:00	13:27:00	
	13:27:00	13:30:00	
Blue	13:30:00	13:34:00	
Green	13:34:00	13:34:30	
	13:34:30	13:35:00	
	13:34:30	13:35:00	
Red	13:40:00	13:47:00	AWARDING CEREMONY DNF FFS1-FFS2 WOMEN
	13:47:00	13:54:00	AWARDING CEREMONY DNF FFS3-FFS4 WOMEN
	13:54:00	14:01:00	AWARDING CEREMONY DYN FFS1-FFS2 MEN
Light Blue	15:00:00	15:15:00	depart from venue to hotel

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